



# Physics-based 3D Human Pose Estimation from Monocular Video

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**PhysCap: Physically Plausible Monocular 3D Motion Capture in Real Time,  
SIGGRAPH Asia 2020**

**SimPoE: Simulated Character Control for 3D Human Pose Estimation,  
ICCV 2021**

**Differentiable Dynamics for Articulated 3d Human Motion Reconstruction,  
CVPR 2022**

# 3D Human Pose Estimation from Monocular Video

## Background:

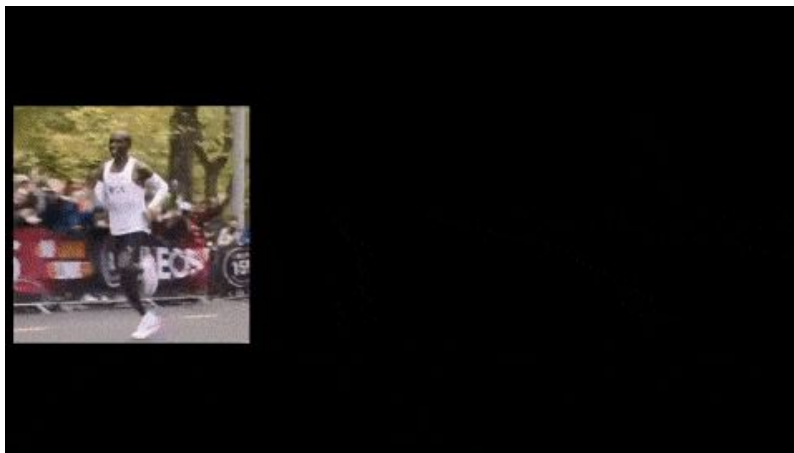
Progress on single-image 3D pose and shape estimation (w/ sufficient 3D annotations)

## Challenge:

Inaccurate and unnatural motion sequences on video

E.g. Unreal motion, Jitter, Penetration

-> **Physical Awareness**



An example from VIBE\*

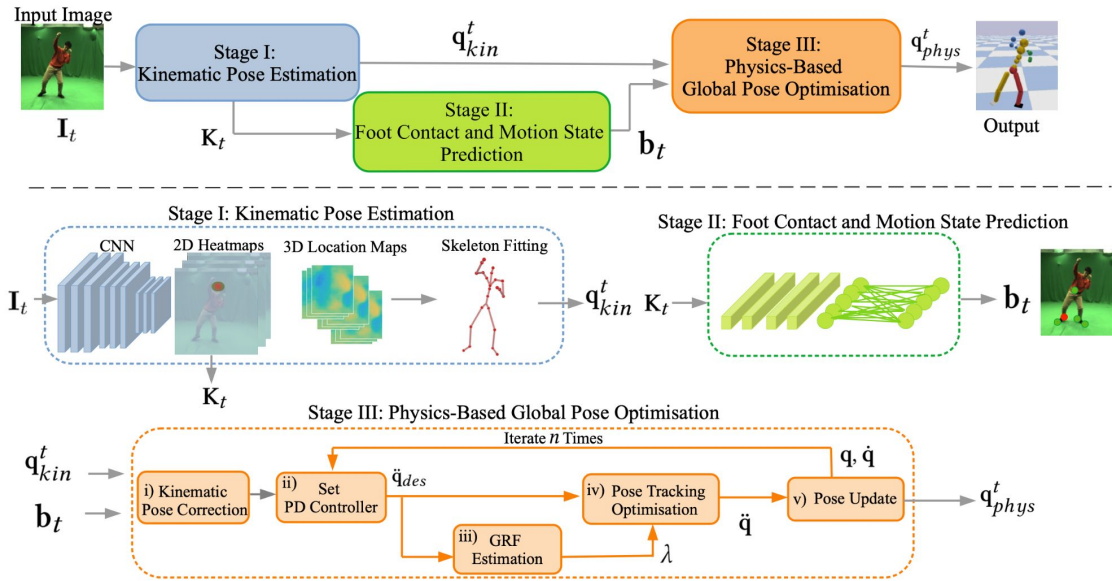


## **PhysCap: Physically Plausible Monocular 3D Motion Capture in Real Time, SIGGRAPH Asia 2020**

Contributions:

- The first algorithm for physically plausible, real-time and marker-less human 3D motion capture
- A CNN to detect foot contact and motion states from images
- Pose optimization framework with a human parameterised by a torque-controlled simulated character

# Approach

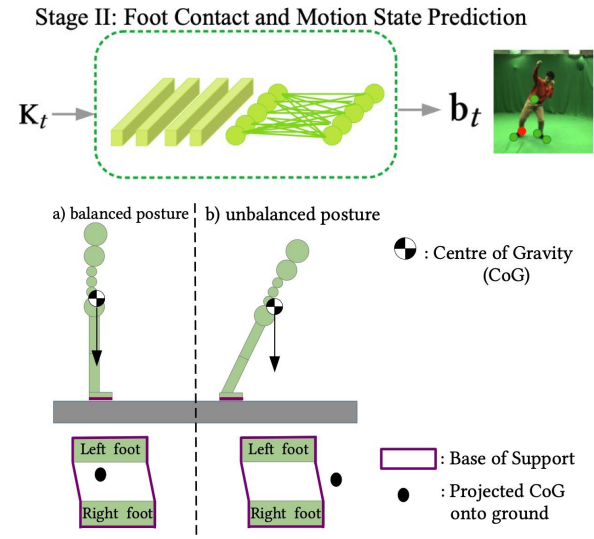


# Approach

Stage II: Foot Contact and Motion State Detection

Foot Contact -> simulator

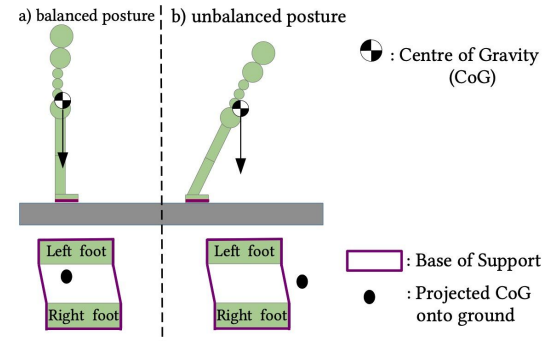
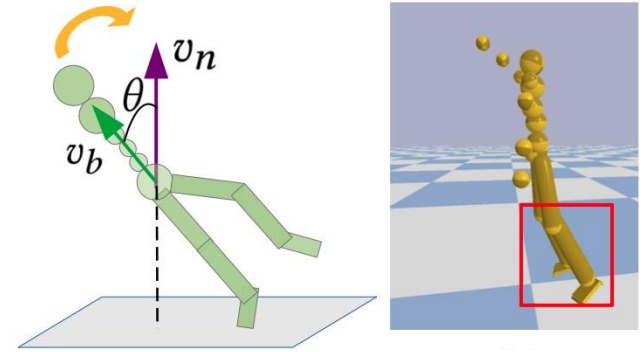
Motion State (stationary or not) -> Stage III(i) Pose Correction



# Approach

## Stage III(i) Pose Correction

Performs until 1) the pose becomes non-stationary or 2) CoG projects inside BoS



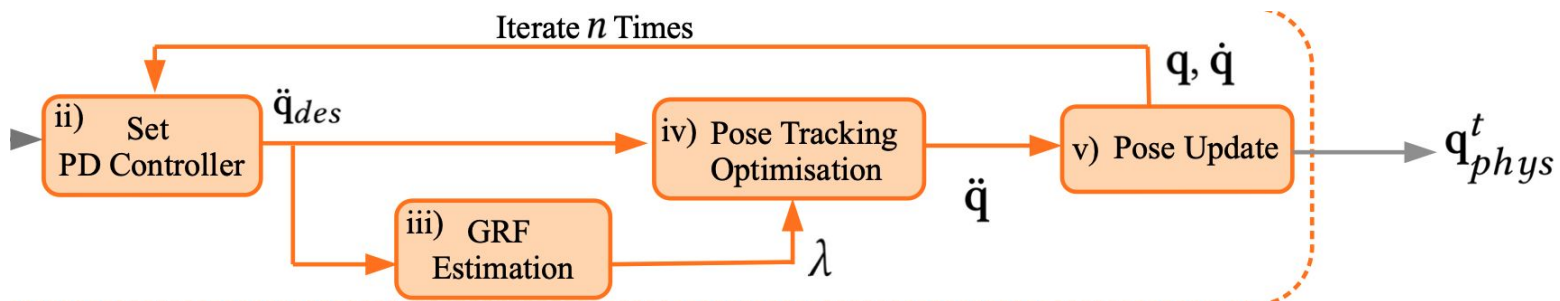
## Approach

$$\mathbf{M}(\mathbf{q})\ddot{\mathbf{q}} - \boldsymbol{\tau} = \mathbf{J}^T \mathbf{G} \boldsymbol{\lambda} - \mathbf{c}(\mathbf{q}, \dot{\mathbf{q}}) \quad \text{Physical Prior}$$

Stage III Physics-Based Global Pose Optimisation

- Acceleration  $\ddot{\mathbf{q}}_{des} = \ddot{\mathbf{q}}_{kin}^t + k_p(\mathbf{q}_{kin}^t - \mathbf{q}) + k_d(\dot{\mathbf{q}}_{kin}^t - \dot{\mathbf{q}})$
- Ground Reaction Force (GRF) Estimation

$$\min_{\boldsymbol{\lambda}} \|\mathbf{M}_1 \ddot{\mathbf{q}}_{des} + \mathbf{c}_1(\mathbf{q}, \dot{\mathbf{q}}) - \mathbf{J}_1^T \mathbf{G} \boldsymbol{\lambda}\|,$$





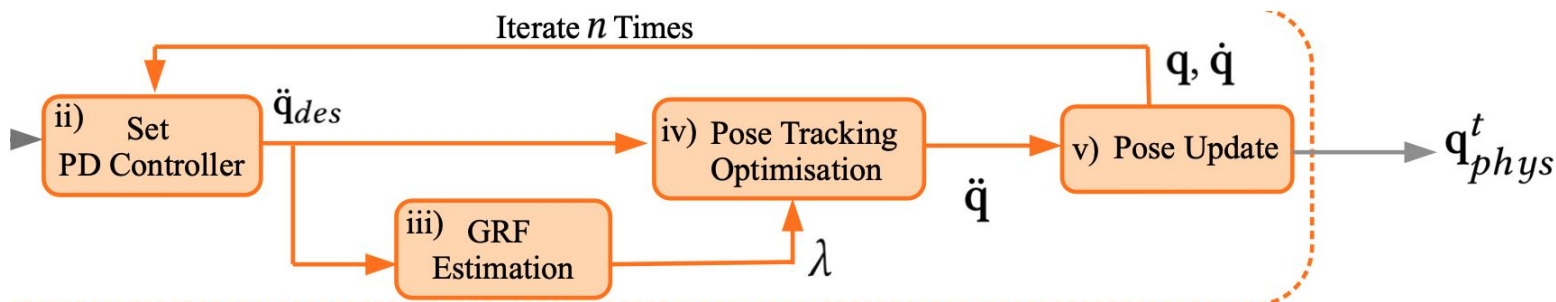
## Approach

$$\mathbf{M}(\mathbf{q})\ddot{\mathbf{q}} - \boldsymbol{\tau} = \mathbf{J}^T \mathbf{G} \boldsymbol{\lambda} - \mathbf{c}(\mathbf{q}, \dot{\mathbf{q}}) \quad \text{Physical Prior}$$

### Stage III Physics-Based Global Pose Optimisation

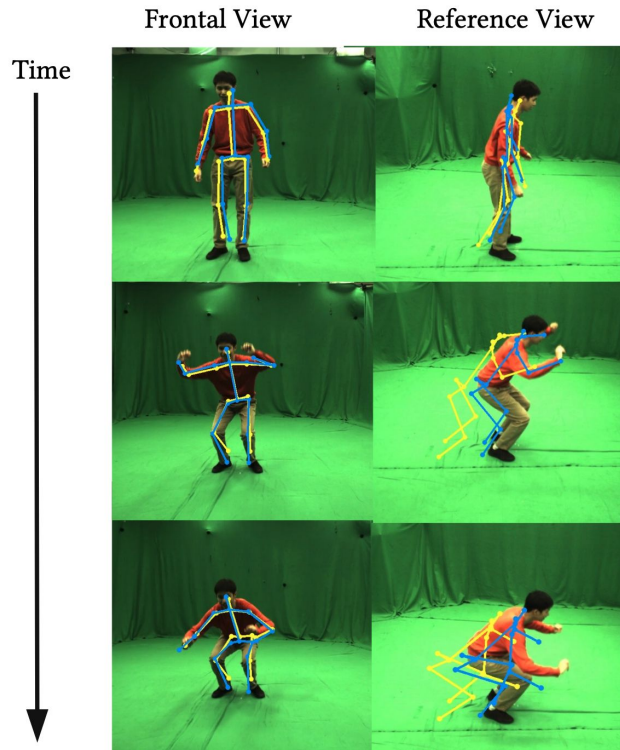
- Physics-Based Pose Optimisation

$$\begin{aligned} & \min_{\ddot{\mathbf{q}}, \boldsymbol{\tau}} \|\ddot{\mathbf{q}} - \ddot{\mathbf{q}}_{des}\| + \|\boldsymbol{\tau}\|, \\ \text{s.t. } & \mathbf{M}\ddot{\mathbf{q}} - \boldsymbol{\tau} = \mathbf{J}^T \mathbf{G} \boldsymbol{\lambda} - \mathbf{c}(\mathbf{q}, \dot{\mathbf{q}}), \quad 0 \leq \dot{r}_j^n, \quad |\dot{r}_j^t| \leq \sigma, \quad \text{and} \quad |\dot{r}_j^b| \leq \sigma, \quad \mathbf{J}_j \dot{\mathbf{q}} = \dot{r}_j. \end{aligned}$$





# Results





## SimPoE: Simulated Character Control for 3D Human Pose Estimation, ICCV 2021

Motivation:

- Physical artifacts generated by kinematic-based (body motion without physical forces) pose estimation methods
- Current physical-based methods:
  - high latency, computationally intensive
  - differentiable simulator -> need to be simple -> approximation errors
  - separate stage without learning targets
- A joint learning framework that tightly integrates image-based kinematic inference and physics-based dynamics modeling

# Approach

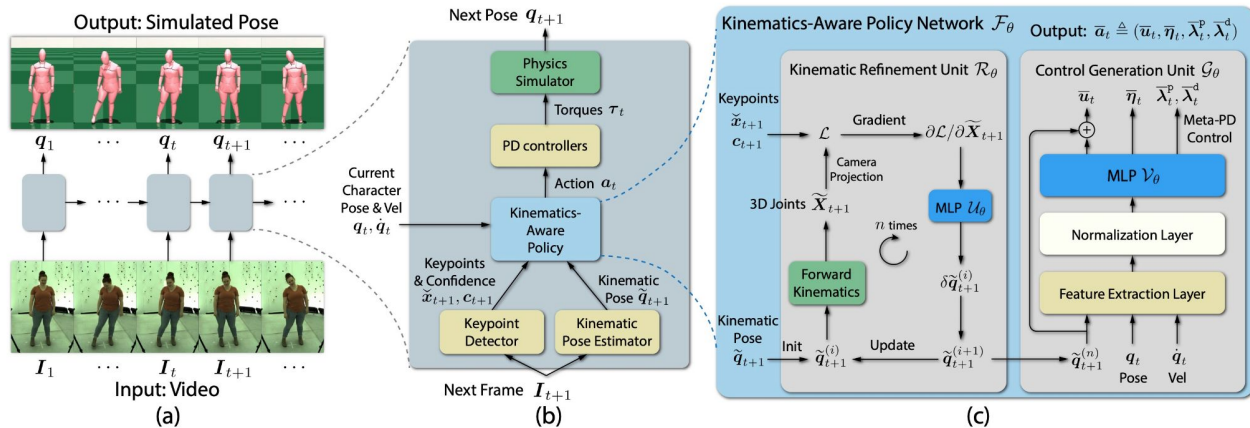
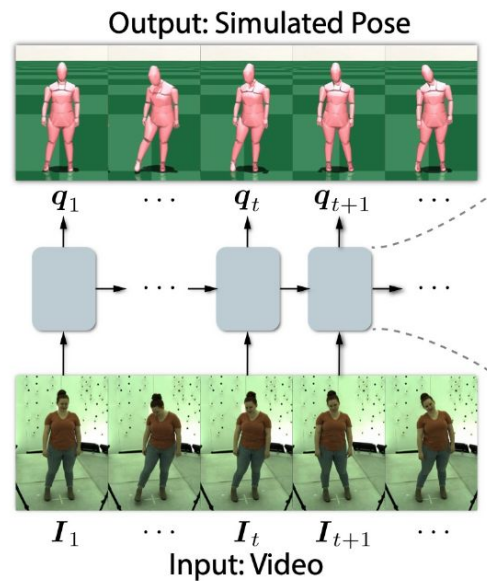


Figure 2. **Overview of our SimPoE framework.** (a) SimPoE is a physics-based causal temporal model. (b) At each frame (30Hz), the policy network  $\mathcal{F}_\theta$  use the current pose  $q_t$ , velocities  $\dot{q}_t$ , and the next frame's estimated kinematic pose  $\tilde{q}_{t+1}$  and keypoints  $(\tilde{x}_{t+1}, c_{t+1})$  to generate an action  $a_t$ , which controls the character in the physics simulator (450Hz) via PD controllers to produce the next pose  $q_{t+1}$ . (c) The policy network  $\mathcal{F}_\theta$  outputs the mean action  $\bar{a}_t \triangleq (\bar{u}_t, \bar{\eta}_t, \bar{\lambda}_t^p, \bar{\lambda}_t^d)$ . The kinematic refinement unit iteratively refines a kinematic pose estimate by learning pose updates. The refined pose  $\tilde{q}_{t+1}^{(n)}$  is used by the control generation unit to produce the mean action  $\bar{a}_t$ .

# Approach

1. Create a character from SMPL in the simulator
  - a. Using SMPL weights to separate body parts
  - b. Convex hull & constant density assumption -> Body Parts Geometry
  - c. Pose: rotations



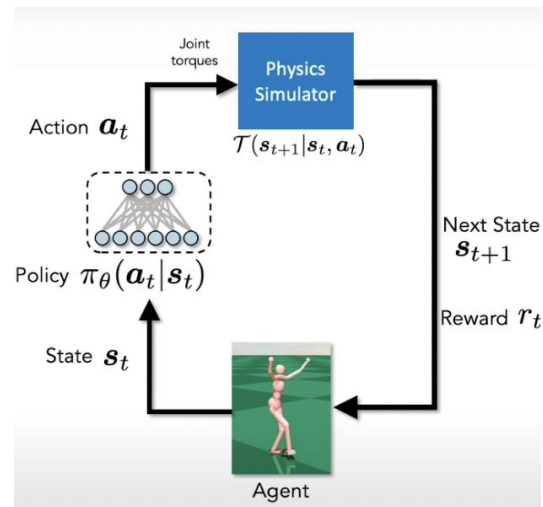
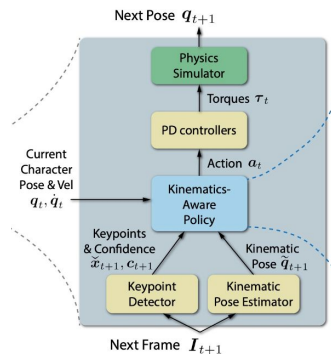
# Approach

## 2. Simulated Character Control (RL policy solver: PPO 2017)

Definition:

$$\text{States } \mathbf{s}_t \triangleq (\mathbf{q}_t, \dot{\mathbf{q}}_t, \tilde{\mathbf{q}}_{t+1}, \check{\mathbf{x}}_{t+1}, \mathbf{c}_{t+1})$$

- $\mathbf{q}_t$  Current pose
- $\dot{\mathbf{q}}_t$  Joint velocities
- $\tilde{\mathbf{q}}_{t+1}$  Initial kinematic pose
- $\check{\mathbf{x}}_{t+1}, \mathbf{c}_{t+1}$  Keypoints & conf



# Approach

## 2. Simulated Character Control (RL policy solver: PPO 2017)

Definition: **Policy & Actions**

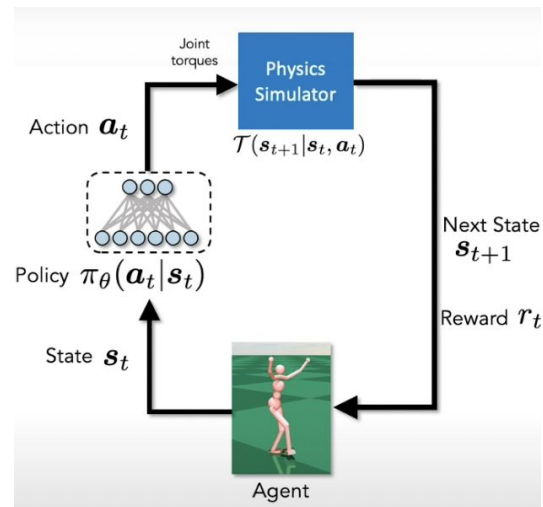
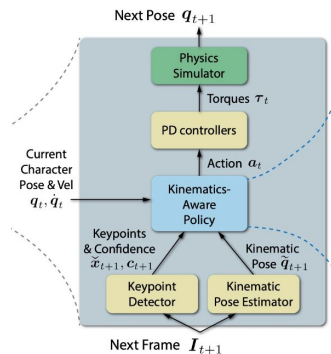
Commonly, the action is torque  $\boldsymbol{\tau}_t$  to be applied to the each joint (non-root)

Using Proportional derivative (PD) controllers:

$$\boldsymbol{\tau}_t = \mathbf{k}_p \circ (\mathbf{u}_t - \mathbf{q}_t^{\text{nr}}) - \mathbf{k}_d \circ \dot{\mathbf{q}}_t^{\text{nr}}$$

$$\mathbf{k}_p = \lambda_{tj}^p \mathbf{k}'_p, \quad \mathbf{k}_d = \lambda_{tj}^d \mathbf{k}'_d$$

$$\mathbf{a}_t \triangleq (\mathbf{u}_t, \boldsymbol{\eta}_t, \boldsymbol{\lambda}_t^p, \boldsymbol{\lambda}_t^d)$$



# Approach

## 2. Simulated Character Control (RL policy solver: PPO 2017)

Definition: Reward

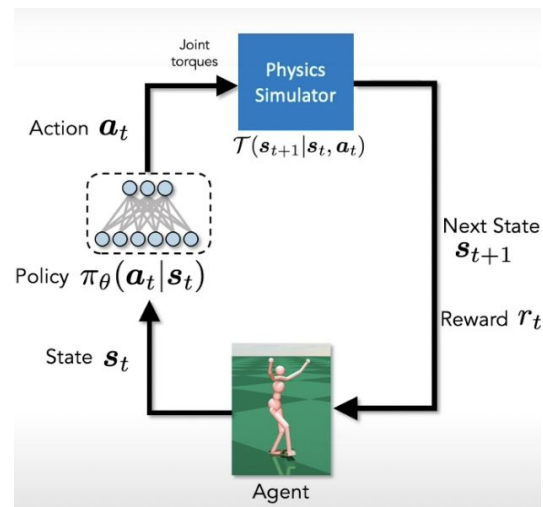
$$r_t = r_t^p \cdot r_t^v \cdot r_t^j \cdot r_t^k$$

$$r_t^p = \exp \left[ -\alpha_p \left( \sum_{j=1}^J \|\mathbf{o}_t^j - \widehat{\mathbf{o}}_t^j\|^2 \right) \right]$$

$$r_t^j = \exp \left[ -\alpha_j \left( \sum_{j=1}^J \|\mathbf{x}_t^j - \widehat{\mathbf{x}}_t^j\|^2 \right) \right]$$

$$r_t^k = \exp \left[ -\alpha_k \left( \sum_{j=1}^J \|\mathbf{x}_t^j - \widehat{\mathbf{x}}_t^j\|^2 \right) \right]$$

$$r_t^v = \exp \left[ -\alpha_v \|\dot{\mathbf{q}}_t - \widehat{\mathbf{q}}_t\|^2 \right]$$





# Approach

## 3. Kinematics-Aware Policy

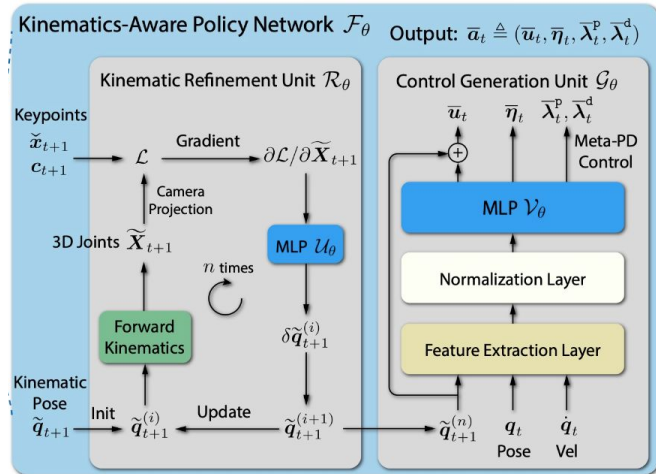
Gaussian policy  $\pi_{\theta}(\mathbf{a}_t | \mathbf{s}_t) = \mathcal{N}(\bar{\mathbf{a}}_t, \Sigma)$

$$\bar{\mathbf{a}}_t = \mathcal{F}_{\theta}(\mathbf{q}_t, \dot{\mathbf{q}}_t, \tilde{\mathbf{q}}_{t+1}, \tilde{\mathbf{x}}_{t+1}, \mathbf{c}_{t+1})$$

$$\tilde{\mathbf{q}}_{t+1}^{(n)} = \mathcal{R}_{\theta}(\tilde{\mathbf{q}}_{t+1}, \tilde{\mathbf{x}}_{t+1}, \mathbf{c}_{t+1}),$$

$$(\delta \bar{\mathbf{u}}_t, \bar{\boldsymbol{\eta}}_t, \bar{\boldsymbol{\lambda}}_t^p, \bar{\boldsymbol{\lambda}}_t^d) = \mathcal{G}_{\theta}(\tilde{\mathbf{q}}_{t+1}^{(n)}, \mathbf{q}_t, \dot{\mathbf{q}}_t),$$

$$\bar{\mathbf{u}}_t = \tilde{\mathbf{q}}_{t+1}^{(n)} + \delta \bar{\mathbf{u}}_t.$$





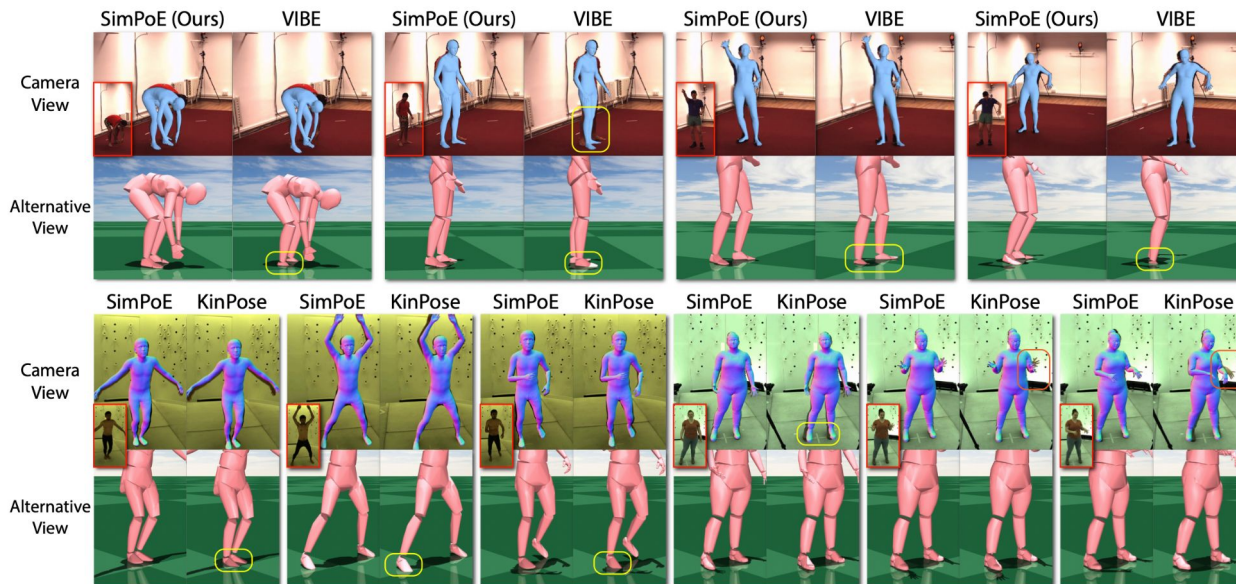
# Results

Human3.6M						
Method	Physics	MPJPE ↓	PA-MPJPE ↓	Accel ↓	FS ↓	GP ↓
VIBE [21]	✗	61.3	43.1	15.2	15.1	12.6
NeurGD* [51]	✗	57.3	42.2	14.2	16.7	24.4
PhysCap [50]	✓	113.0	68.9	-	-	-
EgoPose [65]	✓	130.3	79.2	31.3	5.9	3.5
SimPoE (Ours)	✓	<b>56.7</b>	<b>41.6</b>	<b>6.7</b>	<b>3.4</b>	<b>1.6</b>

In-House Motion Dataset						
Method	Physics	MPJPE ↓	PA-MPJPE ↓	Accel ↓	FS ↓	GP ↓
KinPose	✗	49.7	40.4	12.8	6.4	3.9
NeurGD* [51]	✗	36.7	30.9	16.2	7.7	3.6
EgoPose [65]	✓	202.2	131.4	32.6	2.2	0.5
SimPoE (Ours)	✓	<b>26.6</b>	<b>21.2</b>	<b>8.4</b>	<b>0.5</b>	<b>0.1</b>

# Results



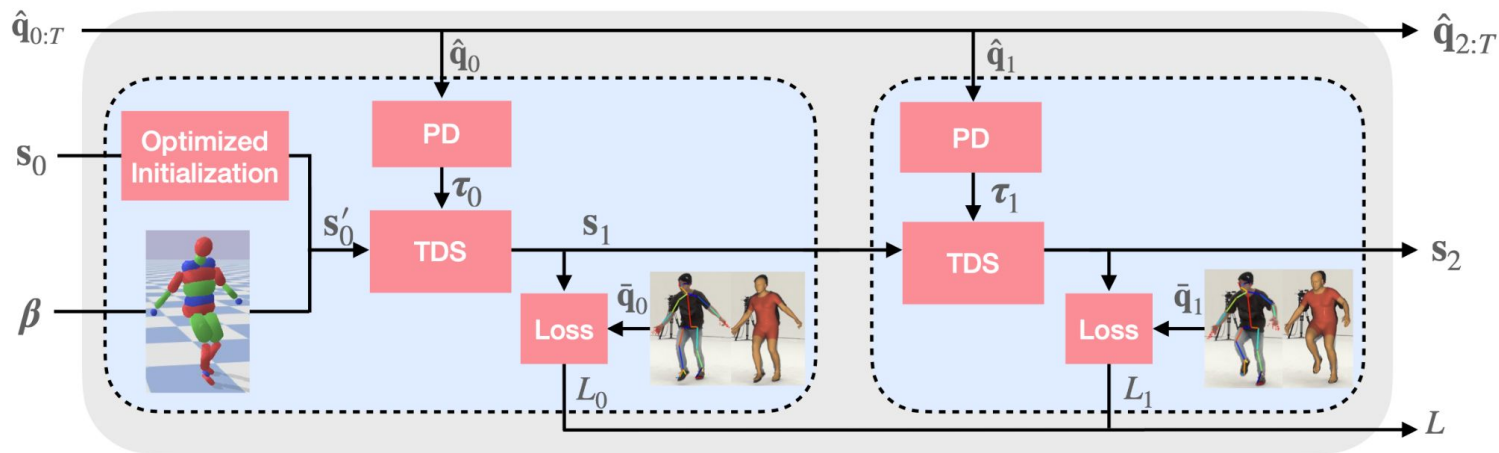


## Limitation

Depends on 3D scene modeling that hinders its evaluation on in-the-wild datasets.

Its physical awareness mainly tackle the interaction between human and scene.

# Differentiable Dynamics for Articulated 3d Human Motion Reconstruction, CVPR 2022





## Differentiable Dynamics for Articulated 3d Human Motion Reconstruction, CVPR 2022

<b>Method</b>	<b>Body</b>	<b>Cont.</b>	<b>DP</b>	<b>Trained</b>	<b><math>T_g</math></b>	<b>No RF</b>
Rempe <i>et al.</i> [39]	Fixed	Feet	✗	Contacts	✗	✓
PhysCap [42]	Fixed	Feet	✓	Contacts	✓	✗
SimPoE [59]	Adapt	Full	✗	Yes	✗	✗
Shimada <i>et al.</i> [41]	Fixed	Feet	✓	Yes	✓	✗
Xie <i>et al.</i> [55]	Fixed	Feet	✓	No	✗	✓
Dynamics [15]	Adapt	Full	✗	Prior	✓	✓
DiffPhy	Adapt	Full	✓	No	✓	✓



## Results

Dataset	Model	MPJPE-G	MPJPE	MPJPE-PA	MPJPE-2d	TV	Foot skate (%)
Human3.6M	VIBE [24]	207.7	68.6	43.6	16.4	0.32	27.4
	PhysCap [42]	-	97.4	65.1	-	-	-
	SimPoE [59]	-	<b>56.7</b>	<b>41.6</b>	-	-	-
	Shimada <i>et al.</i> [41]	-	76.5	58.2	-	-	-
	Xie <i>et al.</i> [55]	-	68.1	-	-	-	-
	Kinematics	145.3	83.0	55.4	13.4	0.34	47.5
	DiffPhy	<b>139.1</b>	81.7	55.6	<b>13.1</b>	<b>0.20</b>	<b>7.4</b>
AIST	Kinematics	155.7	107.4	66.9	<b>10.4</b>	0.52	50.9
	DiffPhy	<b>150.2</b>	<b>105.5</b>	<b>66.0</b>	12.1	<b>0.44</b>	<b>19.6</b>



# Summary

Modeling scene interaction

Advanced simulators

Advanced learning strategies

Create a Digital Twin





# Thanks